

About us

Empower to Heal is an organisation committed to helping people achieve balance and focus in their lives. People often think that true happiness is achieved through success in career, finance and other material things. We help you discover that happiness lies within – by tapping into your own inner self.



About the trainer

Nuzi Cader is a Reiki Master Teacher and practitioner and a member of the Reiki Association of Australia. Her own journey commenced over 20 years ago and she has for over a decade been dedicated to helping others achieve their true potential. Her love and empathy for people helps her relate to and help people of all age groups and diverse walks of life

Course details

For the most up to date course sessions please visit our website:
www.empowertoprofit.com.au

"Healing may not be so much about getting better, as about letting go of everything that isn't you - all of the expectations, all of the beliefs - and becoming who you are."

~ Rachel Naomi Remen ~

Contact Us:
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Ph: 1300 738 770

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Reiki

Level 2

About Reiki Level 2

Reiki Level 2, traditionally known as Okuden follows from Reiki Level 1 and is often known as the “practitioner” level and qualifies you to practice Reiki professionally if you choose.

Everything you learn in this level is practical, powerful and guaranteed to transform your life if you are willing to practice. It builds on the skills you have learnt in Reiki Level 1.

We are often impatient to learn more – which is natural after you have experienced Reiki 1. We recommend a minimum of two to three months between Reiki 1 and Reiki 2. This is because it is important that you practice what you have learnt in Reiki 1 and allow the newly awakened energies strengthen within you before proceeding further. Patience and Practice are the keys!

Students will receive:

- A comprehensive manual
- A certificate of completion
- Morning and afternoon tea will be provided.

This two day course covers:

- Revision of material covered in Reiki Level 1
- The names and uses of Reiki Symbols One, Two and Three. This will:
 - Raise your vibration
 - Increases the potency of Reiki energy
 - Deepen your connection to Reiki by using symbols which enhance the practice of Reiki on a physical, mental, emotional and spiritual level.
 - Release and transform issues and patterns that no longer serve you
- Learn distant/absent healing and learn to access your subconscious mind/higher self through a process of writing.
- Develop your intuition and your abilities to connect to your higher self.

As in Reiki Level 1, Reiki Level Two benefits everyone differently. Here are some experiences people have shared after completing this course:

- A greater sense of lightness and peace.
- The ability to experience and give more powerful and deeper treatments with the use of symbols
- Loads of fun as we creatively use the Reiki symbols
- A deeper understanding of themselves as they become more aware of and connect with their inner most self and feelings.
- The ability to do distant healings for family and friends.
- The ability to work professionally with Reiki

Reiki Level 2 qualifies you to practice Reiki professionally if you choose and it is where Reiki really comes together.